



Mackellar Girls Campus Newsletter

29 2 NOVEMBER 2018

Term 4, Week 3

Meeting the educational needs of girls

Next General P&C Meeting: Wednesday 7 November 2018

EMAILING THE SCHOOL -

Please use our nbscmgirls-h.school@det.nsw.edu.au email address for correspondence

DEDICATED SMS NUMBER - Please text 0427 459 133 before 9am to advise late or absent students

PRINCIPAL'S MESSAGE -

Dear Parents, Staff and Students

Yearly Examinations - Year 10 has been engaged in their examinations this week and Years 7 – 9 have examinations in the next two weeks. These are important and require suitable study practices by students. Parents, please assist your children to develop good study habits, to be organised and structured with their time and aim to do their best.

Examinations will not be rescheduled for students who miss the examinations due to reasons other than school representation, or illness or misadventure, if it is possible to reschedule.

Following the examinations, students in all years will resume their normal classroom studies, working towards completing their subject syllabuses for the remainder of the school term.

NAPLAN - Our Year 7 and Year 9 students have received their results in the NAPLAN tests. This year some schools did on-line tests while others did paper tests and this has resulted in issues with reliably comparing the two sets of results, particularly in Writing.

The results indicate that in every test in literacy and numeracy in both Years 7 and 9 our students have performed considerably higher than the state average and there has been considerable growth from Year 7 to Year 9. These results are excellent and provide another indication of the high standards and success of our students and their teachers' teaching.

Approximately 80% of our Year 9 students achieved at least a Band 8 in Grammar and Punctuation and 75% in Reading, Writing and Numeracy; this is most gratifying as it is expected that only one third of students in the state will achieve this result.

We will continue to work with all students to raise their literacy and numeracy, analyse the data and diagnose where additional support for students needs to be focused.

Mackellar Big Band at the Manly Jazz Festival - Mackellar Girls Big Band was honoured by their selection to perform at the Manly Jazz Festival, held on the October long weekend at Manly Beach. This is an enormous international event and Mackellar's inclusion denotes the Big Band's very high standard, led by Ms Vanessa Patterson's exceptional expertise as the Band Director.

World Teachers Day - 26 October, World Teachers Day, celebrates the contribution of teachers to the development of our young people and the success of our nation. Australian school students are amongst the best educated in the world, have more positive attitudes to school and better relationships with teachers than most western countries.

This doesn't just happen. It reflects the work and skills of teachers. As a community we need to acknowledge how much our young people benefit from the skills and knowledge, care and understanding and sustained commitment of teachers. World Teachers Day reminds us of the importance of all teachers who have touched our lives in some way. We should all take a moment to say thank you.

Schools Spectacular - Once again our talented students are part of the Schools Spectacular on 23 and 24 November at the Quodos Bank Arena, Sydney Olympic Park. Those of you who have been to previous years know how absolutely wonderful this night is. I commend this event to you – tickets are available through Ticketek.

Freshwater

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Director General's Award for Turning Potential into Performance

Director General's Award for Excellence in Girls Education

Director General's Award for Excellence in Gifted and Talented Education

Director General's Award for Excellence in Aboriginal Programs

Secretary's Award for Excellence in Pacific Islander Programs

I have enormous pride in our public education system and am delighted that the outstanding talents of our teachers and students will again be showcased through the Schools Spectacular.

Parent Volunteers - As Year 12 leaves us I want to thank the fabulous parents of Year 12 girls who have freely given of their time and care in helping the school as volunteers. Your contribution to the success of this school has been greatly valued and appreciated.

The Uniform Shop and Canteen Managers are eternally grateful for the time parents have given to make these P&C run facilities be productive assets of the school. The Schools Spectacular only come to fruition with assistance of parents; many of our students' sporting successes only occur because parents volunteer their time, and cars, for transport to matches and competitions; the school bands have continued to develop with the assistance of the parents of the Band Committee.

You all make a remarkable difference.

I give you all my many thanks. On Thursday 29 November, in the commercial kitchen function area, we will show our appreciation of our volunteers by hosting an evening for all volunteers. Volunteers will be sent an invitation.

Term 4 School Development Days - The last day for students is Wednesday 19 December 2018. 20 and 21 December are allocated School Development Days for teachers. This year, the staff has completed their School Development Days professional learning in an alternate format by holding four 3.5 hours sessions after school during the year. As a result, the school will be non-operational on both of the last two days of the year, 20 and 21 December 2018.

School Visitors - As a school we have a duty of care of our students. As such, all visitors to the school must firstly go to the office, and if their visit is appropriate beyond the foyer area, sign in as a visitor and be given a visitor's badge to wear for the duration of their stay in the school. This applies to parents who come to the school to see a teacher or student.

It is not appropriate for parents to email any staff directly. Staff will not respond to any email they receive directly from a parent. Parents are welcome to either write a letter or send an email to the school email address, where it will then be forwarded to the teacher, Deputy Principal or Principal.

Change of family details - If you change address, telephone numbers (including mobiles and work numbers), email address or name it is important to notify the school so we can update our records to contact you quickly when needed.

Congratulations for high achievement to:

- HSC Dance student who received 3 nominations for Callback, the best HSC dance works in NSW – **Erica**
- HSC Drama students who received nominations for OnSTAGE, the best HSC Drama works in NSW - **Jacqueline, Geita, Georgia and Samara**
- **Stella (Y10)** for her selection for the Sydney Sixers National Women's Cricket Big Bash League, selection in the U19 Australian team being in the winning NSWCHS team, selection in the All Schools Merit Team
- **Stefanie (Y8)** for her being in the NSW team that placed 4th in the Australian Junior Volleyball Championships, and receiving an All Stars Award for the tournament
- **Maisy (Y7)** for her 1st place in the Hilary Lindsay Poetry Years 7-9 Competition of the Fellowship of Australian Writers NSW
- **Tsetan (Y8)** for her Minister's Award of Excellence in Student Achievement – Community Languages Schools Highly Commended Award
- the **U15 Water Polo team** who are Regional Champions
- **Lily and Lara (Y10)** for being team members of the winning U16 NSW Football Champion of Champions tournament
- **Cassandra (Y10)** and **Kirra (Y8)** for their selection in the Regional Water Polo team
- Science Techno project winners: **Greta, Chloe, Josephine, Jasmine, Zoe, Gwendolyn, Anna and Jessica (Y8)**
- **Rachel Ainsworth (Y8)** for her selection in the Australian Ballet School Invitee Interstate Training Program
- **Ally (Y9)** for her being a finalist in the Northern Beaches Council Young Writers Competition
- **Jennifer (Y11)** for her selection for the Honeywell Engineering Summer School at Sydney University
- **Sian (Y10)** for her exemplary volunteer work at Taronga Zoo as a Youth Zoo Leader

C Del Gallo, Principal

P&C REPORT -

The Term 3 Mackellar Girls P&C meeting, held on Wednesday 5 September 2018, was preceded by a tour of the newly and much admired renovated science laboratories. This was followed by a short talk from Mr James Griffin, MP for Manly, who highlighted the importance of P&C associations, suggested ways to seek grants and encouraged P&C membership. Thank you to Ms Heidi Warne, who representing the principal, conducted the tour and attended the meeting as Ms Del Gallo was unable to attend at the last minute.

The meeting commenced slightly later following these activities at 7:45pm and was again well attended. The meeting included a discussion on the roles and work required to be on a P&C Executive, as the current executive will be standing down at the AGM due to their daughters being in Year 12 or no longer at the school, .

The other main issues covered related to the Canteen and Uniform Shop. The Canteen indicated they were going to trial the use of "Sign Up Genus" App to facilitate volunteers being able to work for less than whole days. The Uniform Shop's lack of space was again discussed, along with the NSW government's policy re provision of pants and shorts as a uniform option in all public schools. A number of parents volunteered to be on a committee to work with the Uniform Shop Manager and the School on both these issues. The P&C also indicated funds were available to assist with the on-going science laboratories refurbishment or other nominated projects.

Thank you to parents attending the meetings this year as a variety of queries have been raised and the resultant discussions and suggestions much valued.

The next General P&C meeting will be held on **Wednesday 7th November, 2018** at 7:30pm. All are welcome. Please consider coming along to contribute to the discussions and supporting the school your daughters attend.

Please Note: This will be the last opportunity to join the P&C before the AGM (Wednesday 5th December). Only current financial members (\$2) are entitled to vote at the AGM.

W@M

YEAR 7 - Welcome back to Term 4. There are a number of activities occurring this term and we encourage you to look at the School Term 4 Calendar. In Week 4 the students will have their Yearly Examinations and some are feeling anxious, which is normal. One of the best things parents/carers can do if your child is experiencing exam stress, is to try to be supportive and as tolerant as possible. There is an excellent website that can be accessed with a Parent Tip Sheet - Exam Stress. The link is provided below:

<https://www.parentline.com.au/parenting-information/tip-sheets/exam-stress.php>.

W@M this term continues to follow through from last term on the importance of being able to manage our emotional intelligence (EI). Students have been taught that being socially aware means that you respond to people in a way that shows empathy. The girls were asked to look at various scenarios and discuss what emotions that person would be experiencing. Scenarios included a friend being bullied through an online social media site and a friend who has failed an exam. Discussing situations such as these enables the students to be more proactive in their responses to others, more thoughtful and considerate of feelings.

The girls have also covered relationship management which centres on looking at '*their circle of concern*'. A key component of managing relationships in our life is being able to build and maintain bonds between ourselves and others. This skill relies on three aspects of EI, which the students have already covered: self-awareness, self-regulation and social awareness.

Week 5 is our last W@M session for the year. Your daughter is being asked to bring in a jar that they will need to decorate for someone special. Thank you for your support.

Please note the following days where there are activities for Year 7 this term:

- | | |
|--------|--|
| Week 3 | Friday November 2: HPV Vaccination Dose 2 |
| Week 8 | Life Saving Week |
| Week 9 | December 12 Lunchtime Picnic at Passmore Reserve |
| Week 9 | December 14 after Presentation Day students will receive their Yearly Report |

Mrs Karandonis, Mrs Lombardo & Mrs Maconachie, Year 7 Year Advisers

YEAR 8 - Welcome back to the Year 8 cohort. In Week 3 the students will be doing their Yearly Examinations so this may cause some anxiety and stress. Unfortunately exams are inevitable for students, but they don't have to be painful. These are just a **few simple tips** that can help get students through exams. They can also assist to prepare for topic tests, class presentations, and tackle in-class assignments.

- ◇ Ask your teachers and find out as much as you can about each exam. Ensure you work through the study guide.
- ◇ Ask for help. If you feel stressed speak to your parent(s), year advisers or school counsellor.
- ◇ Sort out your subject material and make summaries'.
- ◇ Don't cram. Staying up late can stress you out so have a good sleep!
- ◇ Keep cool and eat a decent breakfast.
- ◇ Use your reading time in examinations. Read instructions carefully. Check how much each question is worth and spend more time on the heavier weighted questions.
- ◇ Break the question down and look at the explicit verb being asked to check you have covered the detail required.
- ◇ Review your answers. Start with the questions you feel more confident about.
- ◇ Come up with your own strategies or skills learnt from your thinking skills class. What works best for you?
- ◇ Discover your own learning style, keep motivated and importantly look after yourself.

Tips for parents: The best way to support your child during the stress of revision and exams is to make home life as calm and pleasant as possible. Don't let your stress become their stress. It helps if other members of the household are aware that your child may be under pressure and that allowances should be made for this. Have time to share a break and a chat together.

Make sure there are plenty of healthy snacks in the fridge and try to provide good, nutritious food at regular intervals.

Encourage your child to join family meals, even if it's a busy revision day - it's important to have a change of scene and get away from the books and computer for a while. Also encourage your child to take regular exercise. A brisk walk around the block can help clear the mind before the next revision session.

Try not to make too many demands on your child during exam time. Arguments are counter-productive and will only add unnecessary stress and distract from revision.

It's important to get a good night's sleep before an exam, so discourage your child from staying up late to cram. And make sure she eats a good breakfast on the morning of the exam.

In the first W@M session this term the students discussed the importance of positive gossiping and to be mindful of conversations they engage in. We asked the students had they ever heard the quote "*no one ever felt bad after saying something kind*"?

Practicing '*positive gossiping*' and challenging negative talking is often more difficult for teenagers. The students have been asked to make a concerted effort over the next few weeks to compliment someone on their character strengths behind their back. What we know is that one of the best things about character strengths is that they elevate the person without diminishing others.

Ms Biswell & Ms Joldzic, Year 8 Year Advisers

YEAR 9 - Firstly, we'd like to congratulate **Emma, Hannah, Olivia** and **Molly** for their magnificent entry into the Videos for Change competition 'Change? Change.' They were required to create a one minute film encouraging their audience to act on a social issue, and decided to focus on youth homelessness. We are so proud of these girls for having a keen social conscience and impressed with their film making abilities. All of the year group made great films and we can't wait to see what they come up with next.

It has also been wonderful to see Year 9 preparing thoughtfully for their upcoming examinations. These examinations are the culmination of everything they've learnt this year, which not only includes content but also the maturity to take assessment tasks seriously and apply study skills that they've learnt in class.

Many of our students have already been busy participating in many extra-curricular activities, including Schools Spectacular. It's great to see so many students getting involved in so many areas of school life.

Ms Hawes & Ms Coles - Year 9 Year Advisers

YEAR 10 - We wish Year 10 all the best as they sit their yearly examinations this week. We know that students have been working hard to prepare for these exams, by asking their teachers questions, following study timetables, and completing practice papers for feedback, and we anticipate that this will lead students to achieve excellent results across all their subjects. Some **general tips** to help Year 10 with their study:

- * get plenty of sleep so that you are well-rested and focused for each exam
- * try to balance your study with exercise and other hobbies. Make these activities a reward for studying hard!
- * ensure you eat well.

Following Year 10 exams, students will complete the 'All My Own Work' Program. This is a statewide, mandatory anti-plagiarism program that all students need to complete prior to entering their senior years of schooling. As part of the program, students will learn about ethical practices in locating and acknowledging source material.

Miss Robertson & Mrs Peachey, Year 10 Year Advisers

YEAR 11 - We welcome Year 11 back to Term 4 as they begin their studies for the HSC course. The girls have been issued and explained the school's HSC Assessment Manual as well as NESA's Rules and Procedures Guide. We recommend you also read through both manuals to fully understand the importance of the final year of your daughter's schooling. The HSC is an accumulation of works, assessments and major projects held throughout the four terms plus the final external examination. Therefore it is important for your daughter to implement a regular study routine to manage her studies. Having adequate rest and regular exercise are also important for both her physical and mental wellbeing.

On Thursday 1 November the girls attended a road safety education workshop called RYDA at HART Driver Training Centre in St Ives. The workshop is designed for senior high school students as they begin to drive or ride as passengers in cars driven by their peers. The girls participated in a series of practical and powerful workshops that challenged them to change the way they think about road safety and lay the foundation for safe road use throughout their lives. It will be great for you to continue this conversation with your daughter as they become safe and responsible drivers on the road. You can visit the following link for some useful information:

<http://www.rse.org.au/category/ryda/parent-resources/>

As senior students and role models to the junior school community, we encourage the girls to continue to embody the Mackellar spirit of *Doing Your Best* – whether this be in their studies, in school events or outside of school to make this a memorable final year of school for everyone in the year group. As Year Advisers, we are here to support the girls throughout their HSC journey.

Miss Reeves & Miss Leung – Year 11 Year Advisers

INVICTUS GAMES EXCURSION -

Fifty students from the Years 7-10 Talented Athlete Program and students from Years 9 and 10 PASS classes had the opportunity to attend the Invictus Games on Tuesday 23 October. The Invictus Games were created by Prince Harry, in which wounded, injured or sick service personnel and their associated veterans take part in sports including wheelchair basketball, sitting volleyball, and indoor rowing. It was named after Invictus, Latin for "unconquered" or "undefeated", the event being inspired by the Warrior Games, a similar event held in the United States. We were lucky enough to be able to watch some of the swimming events. We watched the women's and men's 50m freestyle as well as the men's 50m backstroke.

Watching these athletes swim was really inspiring. It made us think how lucky we are to be able to go about our daily lives and compete in sport without encountering the problems these athletes face. It was also inspiring to watch the athletes get in and have a go even if they weren't the strongest swimmers.

After we finished watching the events, we got a behind the scene tour of ANZ Stadium. We saw inside the change rooms and learnt about how the stadium is changed between events. We also were able to check out all the VIP areas as well as the media rooms and the podium where Cathy Freeman received her medal at the 2000 Sydney Olympics. We then listened to a guest speaker who spoke about his disability, a severe visual impairment. It made us all think about how lucky we are to be able to see properly and how we take it for granted. Overall, it was a great day filled with once-in-a-lifetime experiences. On behalf of all the girls who attended we would like to give a big thank you to Ms Robb and Ms Adams for making this happen.

Adapted by Chelsey and Ruby



SPORTS NEWS -

CRICKET -

Stella is in Year 10 at Mackellar. Stella has been signed with the Sydney Sixers to play in the National Women's Cricket Big Bash League. This is an incredible achievement for someone of any age to achieve, let alone a girl in Year 10.

Stella was selected for Sydney North and played in the CHS Tournament. At that tournament she was selected in the CHS First X1 and travelled to Bathurst where they won the tournament and Stella was selected in The All Schools Merit Team.

She was also selected in the U19 Australian Team and travelled to South Africa for a 3-week tour last April. Congratulation Stella! Below is a link to the story about her in the Telegraph and an interview with her. Take a look!

<https://www.sydneysixers.com.au/news/sydney-sixers-sign-hayley-silver-hols-and-stella-campbell-wbbl/2018-09-15>

https://www.facebook.com/SydneySixers/videos/478338692643169/?hc_ref=ARQ6WWeTW30GbjMOEnLijVdrITEIsxseQ9Bfng9wQUldtFvWgYVzoHSwYAyxprWFhO0&xts%5b0%5d=68.ARDxdLdFtAdVWb3dGeOLFE_SZnRdF26f3QB9E17oxKcYvjPJgGV98DZZPkJqN-f5-lcNHF46U6O1KEGlsWMJRXTVns1ibBVJR-lnwMSMkYKqHytbP0hxiEQivDA8iDgruJKkMkr-HVQ1okK674x6k6DfbJ96Nn-8R84_AzAJhmCs8BJecltm4ZfNEjB8Uvhk4gNHJ5CiL83uCWj96jwUvDfGCI7zBOKDiPBBLZr-LJmDSal&tn=kC-R

SNOW SPORTS -

Jasmine competed in the Snow Sports Interschools State Championships in August and qualified along with 6 other NBSC students, for the Australian National Snowsports Championships in Perisher, which was held in September 2018.

Jasmine lined up in the female Division 3 Alpine. She had a combined total of 52.32 after her 2 runs of 26.06 and 26.26, placing her 17th overall in Australia for this event, which is an awesome effort. Congratulation Jasmine!

CHAMPIONS OF CHAMPIONS 2018 -

Lara and **Lily** were key players in the Avalon Women 16 Soccer team which won the Football NSW Champion of Champions tournament for 2018. Commencing in 1968, this tournament is one of the most prestigious tournaments in the football calendar, with champions (after having met association eligibility criteria) from each association pitted against each other in a battle for supremacy.

The girls played 5 games across 5 weekends from 23 September resulting in the Grand Final on 21 October at Valentine Sports Park. They triumphed against Mt Colah FC, winning 3–1 and with Lily scoring the second goal.

This is an amazing achievement - Congratulations Lily and Lara!

Sue Saunders (Sports Co-ordinator)

NETBALL GALA DAY -

Congratulations to the following girls on their win in the Year 7 & 8 Sydney North Netball Gala Day:

Gillian, Alyssa, Emma, Bella, Gabrielle, Olivia, Paige and Zara.

The team played well under tough conditions in the rain. They were dominant throughout the day and finished with a convincing win in the final against Pittwater High. Their sportsmanship on and off the court is to be commended.

YEARS 7 & 8 TOUCH FOOTBALL REGIONAL GALA DAY -

Mackellar fielded two teams in the recent Regional Touch Football Gala Day at Nolan's Reserve. Both teams made it through to the semi-finals and our first team were the winners of the event. This team will now compete at the state finals on 16th November at Penrith.

VOLLEYBALL -

Stefanie (Year 8) competed at the AJVC (Australian Junior Volleyball Championships) in the U15 NSW Champion Team. Her team came 4th in the championships. Stefanie received one of the Junior Star Awards which was presented at the end of the tournament to only 12 athletes in her age group. Well done Stefanie!

Rhonda Williams, Head Teacher PDHPE

MUSIC NEWS -

The **Concert Band** were thoroughly enthused about their Workshop last term with Professor Rob McWilliams from Brisbane. The girls gained valuable information about team work and working towards a musical goal and will apply concepts to their future learning and performance.

Congratulations to the **Mackellar Big Band** for their professional performance at the **International Manly Jazz Festival** during the holidays. It was a wonderful experience and fabulous environment for making music.

Mackellar Big Band at BIG BAND BOOM - Pittwater RSL Sunday 11th

November - Parents and friends are invited to hear the Big Band perform at Pittwater RSL Auditorium on Sunday 11th November at 7:30pm as part of Big Band Boom, a festival celebrating Big Band Music from Primary, Secondary and community groups. The events start from 2pm and conclude at 8:15pm. Entry fee is \$2 per person.

BAND TOUR - 26-28 November - The Performance Band and the Vocal Ensemble will be going on tour to the Mid-North Coast performing at Warners Bay PS, Soldiers Point PS, Tomaree PS and 2 concerts at Harbourside Haven Age Care Facility in the Port Stephens area. Final payments are now due.

Gigs - Please mark Calendars -



Sunday 11 November	BIG BAND	"BIG BAND BOOM" Pittwater RSL Showroom	5pm–7:30pm Time to be confirmed
Friday 23rd November	BIG BAND, PB,VE,ORCH	Creative Arts Assembly	10am Performance, rehearsal prior
Monday-Wednesday 26-28 November	PB, VE, BB	Band Tour	For duration
Thursday 29 November	STAGE AND (small) BIG BAND	P & C Volunteers' night	5:45pm–7:30pm
Tuesday 4 December	CONCERT BAND	Orientation Day	Morning
Monday 10 December	STAGE AND BIG BAND	Multicultural Day	During Day
Thursday 13 December	BIG BAND	Y10 Assembly	9am – 11 am 10am Assembly
Thursday 13 December	Performance Band with Strings	Presentation Day Rehearsal	3B-4B
Friday 14 December	PERFORMANCE BAND with Strings	Presentation Day	9am – 12noon Assembly 10am
	REHEARSAL CHANGES for Term 4	All rehearsals are on unless noted here	
Wednesday 7 November	No CONCERT BAND Rehearsal	Y7 & Y8 exam week	
Monday-Wednesday 26-28 November	No rehearsals for any ensemble	Due to Band TOUR	
Tuesday 4 December	Concert Band rehearsal prior to Orientation Day	(Stage band to rehearse the next day)	7:20am Last Rehearsal for year
Wednesday 5 December	Stage Band rehearsal	LAST Rehearsal for year	7:20am in Perf Space
Monday 10 December	Performance Band and Big Band	Last rehearsals	



UNIFORM SHOP NEWS -

Please find below the volunteer roster for November 2018:

Monday 5 November	9am-11.15am, 1pm-2.30pm
Wednesday 7 November	12pm-2pm
Monday 12 November	9am-11.15am, 1pm-2.30pm
Wednesday 14 November	12pm-2pm
Monday 19 November	9am-11.15am, 1pm-2.30pm
Wednesday 21 November	12pm-2pm
Saturday 24 November	9am-11.30am or 11.30am-2pm
Monday 26 November	9am-11.15am, 1pm-2.30pm
Wednesday 28 November	12pm-2pm

PLEASE NOTE:
We have not put in
names already on roster.



We really need more help in our shop now this busy term is upon us.

As of 1 November 2018 we will no longer be supplying plastic bags so please remember to bring your bags with you when shopping ...

I strongly advise all **new Year 7 2019 students** to visit our school Uniform Shop as soon as possible to avoid very long queues later on in the year.

Leigh McPherson, Uniform Shop Manager, uniformshop@mackellar-pandc.com

Hello from the Canteen for Term 4

We are very happy that our new Mums and Dads are taking advantage of the new roster system that we have put in place. With the help of our new parents and our regular volunteers the canteen is now in full swing for Term 4.

We have added a new special to Tuesdays - a Vegetarian Fried Rice for \$4.50. We have also changed the Sushi day to Friday. The Sushi is \$4.00 a roll - Avocado, Tuna and Avocado, Teriyaki Chicken and Chicken Schnitzel. Please remind your daughter to put a lunch order in before the morning school bell for Sushi or at the latest at recess. Sushi lunch orders are very popular and by placing an order your daughter is guaranteed not to miss out.

To help the canteen with more shifts that are still available, please sign up to SIGN UP GENIUS and follow the link : <https://www.signupgenius.com/go/70A0C4AA4A62EA3FB6-canteen>

There are morning and afternoon slots available and we need more helpers. They are short mornings and afternoons.

WE HAVE NO HELPERS AT ALL ON THE FOLLOWING DATES :

THURSDAY 15TH NOVEMBER

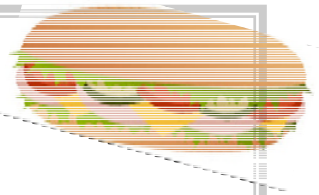
MONDAY 19TH NOVEMBER

TUESDAY 20TH NOVEMBER

WEDNESDAY 13TH DECEMBER. Please especially help with these.

We look forward to meeting more new parents.

Warmest wishes, **The Canteen Crew**



OPEN DAY 2019 – Tuesday 19 February 2019
OPEN EVENING 2019 – Thursday 21 February 2019
ACADEMIC TEST for 2020 – Thursday 21 March 2019

2018 -

Term 4 Monday 15 October - Students and staff return
 Wednesday 19 December - Last day for students

2019 -

Term 1 Tuesday 29 January – Staff Development Day (no students)
 Wednesday 30 January – Y7, 11, 12 return
 Thursday 31 January – Y8, Y9, Y10 return
 Friday 12 April - Last day for students

Term 2 Monday 29 April – Staff Development Day (no students)
 Tuesday 30 April – students return
 Friday 5 July – Last day for students for Term 2 2019

Term 3 Monday 22 July – College Development Day (no students)
 Tuesday 23 July – Students return
 Friday 27 September – Last day for students for Term 3 2019

Term 4 Monday 14 October – Staff and Students return
 Wednesday 18 December – Last day for students



Lifeline Northern Beaches Giant Book Fair: 23rd to 25th November 2018

Venue: **St Augustine's College Sydney**
 Cnr Federal Parade West & Alfred St
 Brookvale (next to Brookvale Oval)

Dates/Times: Friday 23rd Nov 4pm -- 9pm
 Saturday 24th Nov 9am -- 5pm
 Sunday 25th Nov 9am -- 2pm

Please note we accept Visa and Mastercard and also have EFTPOS facility available. Entry by gold coin donation very much appreciated.

At the Book Fair there will be thousands of good quality books, at bargain prices, in many categories, including a wide range of children's books suited to all ages. For the enthusiast/collector we have a large number of award winning and collectible books.

In addition to all the books we also have a wide selection of puzzles, jig saws, games, CD, DVDs, vinyls, etc so there's something for everyone! Also with Christmas just 1 month away, here's a great opportunity to stock up on a range of gifts for those loved ones.

All funds raised support the activities of Lifeline Northern Beaches which, in addition to the crisis line (13 11 14) with a focus on suicide prevention, provides a lot of other services to our community, including 24 hour counselling, bereavement support, anger management and problem gambling to name but a few.

Your support for our Book Fairs goes a long way in generating the funds required to continue providing these services to our community

Helping Learner Drivers Become Safer Drivers Workshop

Wednesday 28 November 6:30 – 8:30pm

This two-hour workshop aims to increase the confidence and knowledge of supervisors who oversee learner drivers. It covers:

- Changes to the Learner Driver Licensing Scheme that started from the 20 November 2017
- Log book apps approved by the Roads and Maritime Services
- Completing the Learner driver log book
- Understanding the benefits and safety aspects of supervised on-road driving experience
- Licence conditions for learners and provisional licence holders
- Reinforces the importance of on-going support for young drivers in the early years of driving

Northern Beaches Council Civic Centre – 725 Pittwater Road, Dee Why

Bookings: <https://www.northernbeaches.nsw.gov.au/things-to-do/whats-on/event-calendar/booking-form-helping-learner-drivers-become-safer-drivers>



TUNING IN TO TEENS

Emotionally
Intelligent
Parenting

5 Session parenting course for parents of teens

Would you like to learn how to:

- Communicate effectively with your teenager?
- Understand your teenager?
- Help your teenager with emotional intelligence and managing emotions?
- Prevent some teenage behaviour problems?
- Teach your teenager to deal with conflict?

VENUE: headspace Brookvale
Level 2 Brookvale House, 1A Cross Street, Brookvale
DATES: PLEASE NOTE NEW DATES: Thursdays 1 November, 6 December 2018 (5 sessions - NO SESSION ON 8 November)
TIME: 6.30pm-9pm
COST: \$150 - subsidised rates available re financial difficulty

Refreshments provided



NORTHERN BEACHES
SECONDARY COLLEGE

PARENT CYBER SAFETY EDUCATION SESSION

We are offering a workshop for parents to learn more about managing children's technology use, including an introduction into the most popular social media platforms, and practical tips for keeping teenagers safe online. We will also cover information on setting boundaries around technology, online behaviour management, and tools for managing technology both in and outside of the home.

WEDNESDAY 21ST NOVEMBER
2018
7PM-9PM

For more information or to register,
please visit:

<http://bit.do/northernbeachessc>





Become a foster carer

Help us make a positive difference to the lives of children in your community. As a Key Assets foster carer, you will be provided with 24/7 support, a dedicated social worker and on-going training.

Change a child's life today:

☎ 1800 WE CARE
🌐 iwanttofooster.com.au

 **keyassets**
THE CHILDREN'S SERVICES PROVIDER

GIVING BLOOD FEELS GOOD

Every donation can save three lives.

Mobile Blood Service visiting: Dee Why Surf Club

Dee Why Beach, The Strand

Tuesday 20 Nov	1:30pm – 6:30pm
Wednesday 21 Nov	9:00am – 2:00pm
Thursday 22 Nov	1:00pm – 6:00pm
Friday 23 Nov	9:00am – 2:00pm
Saturday 24 Nov	9:00am – 2:00pm

Drink up! Have 3 or 4 glasses of water or juice in the hours before you donate
Eat! Have a good sized breakfast or lunch
Please bring photo I.D. with you

To make an appointment call **13 14 95**
or visit donateblood.com.au

 **Australian Red Cross
BLOOD SERVICE**

If you email us at nbscmgirls-h.school@det.nsw.edu.au we can email the school newsletter directly to you. It can also be accessed online at www.mackellargirls.nsw.edu.au

Director General's Award for Turning Potential into Performance
Director General's Award for Excellence in Girls Education
Director General's Award for Excellence in Gifted and Talented Education
Director General's Award for Excellence in Aboriginal Programs
Secretary's Award for Excellence in Pacific Islander Programs

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