

Northern Beaches Secondary College Mackellar Girls Campus



Extension, Enrichment and Extra-Curricular Activities 2025



About this booklet

This booklet contains information about the various enrichment, extension and extra-curricular activities available to girls attending Mackellar Girls Campus.

As you will see, there is a broad variety of activities covering many different areas. Some activities require payment and details of these payments may not be available at the time of printing, but will be made available to parents prior to commencement of the chosen activity.

We urge you and your daughter to read through this booklet and determine which activities she may be interested in participating. There is something on offer for everyone.

If your daughter is interested in being a part of one of our music ensembles, please complete the Instrumental Music Expression of Interest form and email to us at the school.

Mackellar girls can do anything!



Extension and Enrichment Activities

Unless otherwise stated, there is no cost involved

BANDS

Contact Teacher: Ms V Patterson

Eligibility: Years 7-12

Cost per semester: Concert Bands \$190, Concert & Stage Bands \$275; Instrument hire \$190

Performance Band: Mondays 8.15am – 9.30am

Big Band: Monday 3.15pm – 4.30pm

Stage Band: Tuesday 7.20am – 8.35am

Concert Band: Wednesday 7.20am-8.35am

SMALL ENSEMBLES

Contact Teacher: Ms V Patterson

Eligibility: Years 7-12 by audition

Meet: By arrangement

ORCHESTRA

Contact Teacher: Mr S Fisher

Eligibility: Years 7-12

Cost per semester: \$75

Meet: Fridays 7.30-8.30am

VOCAL ENSEMBLE

Contact Teacher: Ms M Moore

Eligibility: Years 7-12

Cost per semester: \$75

Meet: Friday 7.45am

DANCE ENSEMBLES

Contact Teachers:

Ms C Corfe

Eligibility: Years 7-12 by audition

Meet: By arrangement

Cost: Depends on performances

ABORIGINAL DANCE ENSEMBLE

Contact Teacher: Ms C Corfe

Meet: By arrangement

Cost: Depends on performances

DEBATING

Contact Teacher: Mr S Devine

Eligibility: Years 7-12

Meet: As required

Cost: As required

DRAMA GROUPS

Contact Teacher: Ms L Eakins, Ms C Bahar

Eligibility: Years 7-11

Meet: As advised

Cost: Depends on performance

DUKE OF EDINBURGH

Contact Teacher: Ms R Thornely @ Youth Advance

Ms C Richardson (school contact)

Eligibility: Years 9-12

Meet: As required

Mode: hiking and canoeing

LANGUAGES

Language Day, Language HSC Skills Day, Oktoberfest, Study Abroad Exchange Programs, Linguafest, Video Matsuri, NBSC Short Film Festival, NSW Japanese Language Speech Contest, Japanese Tanken Centre, visits to exhibitions, films; correspondence with other schools/classes; contact with visitors from overseas, Native Speaker Volunteer Program, restaurant experiences. study skills day, HSC Speaking Exam Skills Day, Obon, Tanabata

Contact Teacher: Ms LGough & Ms C Richardson

Eligibility: Years 7-12

Meet: As required

Cost: Dependent on activity

MACKELLAR SINGERS

Contact Teacher: Ms M Moore

Eligibility: Audition Years 8-12

Meet: By arrangement

Cost: Nil

MUSICAL PRODUCTION

Contact Teacher: Ms M Moore, Mr S Fisher

Eligibility: Years 7-12

Meet: Terms 1&2

Cost: Depends on performance

ODAWARA JAPANESE EXCHANGE SCHOLARSHIPS

Contact Teacher: Ms C Richardson

Eligibility: Years 9-12 Japanese elective students

Meet: As required

Cost: Set by Northern Beaches Council

AGAPE (School Christian Fellowship)**Contact Teacher:** Ms S MacDonald**Eligibility:** Years 7-12**Meet:** Thursday lunchtime**Cost:** Nil**PEER SUPPORT TRAINING****Contact Teacher:** Ms J Maconachie, Ms T Goykovic**Eligibility:** Year 10**Meet:** Two days training Term 4**PUBLIC SPEAKING****Contact Teacher:** Ms L Eakin, Ms K Grant**Eligibility:** Years 7-11**Meet:** As advised**Cost:** As required**SPORT – SCHOOL CARNIVALS & SPORT**

Athletics, Cross-Country, Swimming

Contact: Sports Organiser**Eligibility:** Years 7-12**Cost:** Included in Sport Levy**SPORT – GRADE SPORT**

Basketball, Netball, Soccer, Touch Football, Volleyball.

Contact: Sports Organiser**Eligibility:** Years 9-10**Meet:** Wednesday afternoon sport**Cost:** Dependent on Sport**SPORT – EXTRACURRICULAR & KNOCK-OUT COMPETITIONS****Co-ordinator:** Sports Organiser

Basketball	Ms T Spring
Cricket	Ms E Brodie
Futsal	Mr H Wong
Hockey	Ms T Darsley
Netball	Ms B Angus
Soccer	Ms M Jones, Mr K Mackenzie
Softball	Ms E Brodie
Surfing	Ms T Darsley
Tennis	Ms H Massey
Touch Football	Mr I Cameron
Volleyball	Mr D Do
Waterpolo	Ms E Adams

Eligibility: Years 7-12**Meet:** As required by coach (training & competition)**Cost:** TBA**SPORT – REGIONAL & CHS REPRESENTATIVE TRIALS**

Previously mentioned sports and Rowing, Triathlon, Golf, Gymnastics, Lawn Bowls, Diving

Contact Teacher: Sports Organiser**Eligibility:** Years 7-12**Meet:** As determined by sport convenors**Cost:** Dependent on sport**SPORT – ATHLETE SUPPORT PROGRAMS**

- Years 7-10 Talented Athlete Enrichment Program
- Talented Athlete Support Program
- Elite Performer Program

Contact Teachers: Ms T Darsley**Eligibility:** Criteria/interview**STUDENT REPRESENTATIVE COUNCIL****Contact Teacher:** Ms C Regan**Eligibility:** Years 7-11 students elected by Year Groups**Meet:** Roll period once per week and as required**STUDENT LEADERSHIP****Contact:** Ms E Adams**Eligibility:** Years 7-12**Meet:** as required**Cost:** Dependent on activities**TVET COURSES (TAFE)****Contact Teacher:** Mrs K Erskine**Eligibility:** Years 11 & 12 by application**Meet:** 4 hrs/week in the afternoon at TAFE**Cost:** Dependent on course**WRITERS' WORKSHOPS****Contact Teacher:** Ms K Grant, Mr R Smith**Meet:** 1 lunchtime per week**Cost:** As advised

Competitions and Challenges

DANCE

Sydney North Dance Festival
State Dance Festival
Schools Spectacular
Community-based performance events
State Junior/Senior Dance Ensembles
Dance Camps
Dance Eisteddfods
Danceworks

DEBATING

Years 7 & 8 Interschool Debating Competition
Premiers' Debating Challenge

ENGLISH

Dorothea Mackellar Poetry Writing Competition
Northern Beaches Young Writers' Competition
Write 4 Fun
Mosman Youth Awards in Literature
Somerset Storyfest National Novella Writers' Competition
ICAS English Competition

HISTORY

Simpson Prize - History Essay Competition (Years 9 -10)
Muna Model United Nations Assembly (Years 10-12)
European Trip (Years 10-11)

LANGUAGES OTHER THAN ENGLISH

NSW Speech Contest (Japanese)
NBSC Languages Film Festival
Australian Japanese relations essay contest
MLTA Linguafest
State Chinese Debating Competition
Video Matsuri Japan Foundation
J-Talent Japan Foundation Competition
Education Perfect World Cup
Alliance Française Film Competition
ACER Language Certificates
Goethe Institut Short film Competition
Goethe Institut Writing Competition

MATHEMATICS

Australian Mathematics Competition
Australian Problem Solving Mathematical Olympiad

MUSIC

State Music Camp
Sydney North Music Festival
Musical Productions
Talented Performer Program
Choral Concerts
Combined Secondary Choral Concerts
Choir Competitions
Kool Skools Recording Contract
Australian Songwriting Competition
Music Oz Award
Northern Beaches Instrumental Festival
Youth Rock
Schools Spectacular
NSW Band Festival
Sydney Eisteddfod
Manly Jazz Festival
Regional Band Tour

PUBLIC SPEAKING

The Junior Secondary Speaking Award

SCIENCE

National Youth Science Forum
Project Penguin
Year 8 Science Technomuseum

SOCIAL SCIENCE

National Schools Constitutional Convention;
Australian Government Civics and Citizenship Program (Year 10)
UBS Finance Academy Program (Year 11)
UBS Young Womens Leadership Academy Program (Year 11)
United Nations Youth Citizen Competition – Sustainable Goals

TAS

Australian Digital Technologies Competition
Design, Make, Innovate

VISUAL ARTS

National Art School Extension Program
Express Yourself Exhibition – Manly Gallery
Mosman Art Prize
Manly Council Photographic Competition
Art Express
Warringah Youth Art Prize
Talented Performer Program
Sydney North Public Schools Art Show

Sports Program Overview

- Ⓢ A comprehensive PD/H/PE program for Years 7-10
- Ⓢ Elective PD/H/PE programs offered to Years 9-12
- Ⓢ Elite & Talented Athlete programs
- Ⓢ Integrated sport in Years 7 and 8
- Ⓢ Recreational and competitive sport for Years 9-10 on Wednesday afternoons
- Ⓢ Extracurricular sporting opportunities in a wide variety of sports
- Ⓢ Recognition of sporting achievements
- Ⓢ Year 10 PASS ski camp
- Ⓢ Sports Leadership Programs

Sport Programs

ELITE PERFORMER AND TALENTED ATHLETE PROGRAMS

Mackellar has many athletes who are participating at state, national and international levels of competition. As a community, we recognise the heavy demands sport at the elite level has on students, and we have support programs that offer students who qualify, the opportunity to:

- Ⓢ Develop lifestyle plans, which balance commitments in sport, work, school and leisure efficiently
- Ⓢ Access to qualified experts in fields of sports science, nutrition, psychology and medicine
- Ⓢ Negotiated curriculum according to student needs
- Ⓢ Liaison with teacher, student, parent and coach
- Ⓢ Specialist Elite Performer mentor group

INTEGRATED SPORT AND PDHPE FOR ALL STUDENTS IN YEARS 7 AND 8

Skill development and teamwork are promoted through participation in a variety of physical activities. This is done in a friendly, challenging and fun environment. Sports include games, dance, aquatics, lifesaving, gymnastics and recreation.

RECREATIONAL AND COMPETITIVE SPORT FOR YEARS 9 & 10

Students select a sport three times a year from the following

- Ⓢ Fitness
- Ⓢ Competition
- Ⓢ Recreation
- Ⓢ Aquatics and Water Sports
- Ⓢ Relaxation exercises
- Ⓢ Strength programs
- Ⓢ Racquet Sports
- Ⓢ Self Defence
- Ⓢ School Sport

Students gain access to expert tuition at school or in the community whilst interacting with students from other years and schools.

EXTRACURRICULAR SPORTING OPPORTUNITIES

Sport which takes place outside the timetabled school lessons is called **extracurricular sport**. Mackellar is very proud of the strong participation record, variety and results achieved in this area of sport.

State Knockout Teams: Mackellar enters many teams in a variety of sports in the state-wide knockout competition, enjoying success in netball, waterpolo, swimming, touch football, softball, futsal, basketball, hockey, football, volleyball, cricket and tennis. Students from all years are eligible to try out for a team of their choice. Most sports are open divisions, however, touch football, netball, futsal and waterpolo have Under 15 carnivals as well.

Weekend and After-School teams: Mackellar staff are committed to distributing up-to-date information relating to community competitions for any other sports students may be interested in.

SPORTS LEADERSHIP

Sports administration and competition management: Elective Physical Activity & Sports Studies students are provided the opportunity to officiate at local primary school sports carnivals and sports competitions through the Premier Sporting Leadership Programs.

Gala Day Coaching and Umpiring: Physical Activity & Sports Studies students learn about coaching and umpiring principles and after being assigned to a Year 7 and 8 team, lead the team for planned practice sessions and gala day competition, and teaching students in local primary schools.

Sports Prefects, House Captains and House Leaders: Students from each year group per house take on the role of liaison between the sports staff and the students. Sports Prefects inform students of weekly sports notices every Wednesday at assembly.

RECOGNITION OF SPORTS ACHIEVEMENTS

Mackellar Girls recognises the achievements of students who participate in sport at every level. Students are recognised via the school newsletter, sports achievement board, local newspapers, school merit system, Wednesday assemblies and the Term 4 Sports Assembly.



MACKELLAR

GIRLS CAMPUS



Campbell Pde
Manly Vale, NSW, 2093
Ph: 02 9949 2083
Fax: 02 9949 3028
Email: nbscmgirls-h.school@det.nsw.edu.au
Web: www.mackellargirls.nsw.edu.au



Northern Beaches
SECONDARY COLLEGE
INNOVATION • EXCELLENCE • CHOICE